



GRAPEVINE/HEB MARTIAL ARTS

Schedule Effective 1/1/2025

GrapevineMA.com



MONDAY		TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY	
					<i>LITTLE NINJAS</i> 4-5 YRS <i>CHILDREN</i> 6 - 11 YRS <i>TEENS</i> 12 - 15 <i>ADULTS</i> 18 & OVER		 10:00 – 11:00 <i>ALL CHILDREN</i> ALL BELTS	
 4:15 – 5:15 <i>BEGINNER CHILDREN</i> WHITE thru YELLOW II	 4:15 – 5:15 <i>INTERMEDIATE CHILDREN</i> GREEN thru BLUE II	5:00 – 5:30 <i>LITTLE NINJAS</i> 4 & 5 YEARS	 4:15 – 5:15 <i>BEGINNER CHILDREN</i> WHITE thru YELLOW II	 4:15 – 5:15 <i>INTERMEDIATE CHILDREN</i> GREEN thru BLUE II	5:00 – 5:30 <i>LITTLE NINJAS</i> 4 & 5 YEARS		 11:15 – 12:15 <i>ADULTS/TEENS</i> ALL BELTS	
 5:30 – 6:30 <i>ADVANCED CHILDREN</i> RED thru BLACK	 5:30 – 6:30 <i>ADVANCED ADULTS</i> BROWN thru BLACK	 5:30 – 6:30 <i>SPARRING ALL CHILDREN</i> YELLOW thru BLACK	 5:30 – 6:30 <i>ADVANCED CHILDREN</i> RED thru BLACK	 5:30 – 6:30 <i>ADVANCED ADULTS</i> BROWN thru BLACK	 5:30 – 6:30 <i>ALL CHILDREN</i> ALL BELTS / WHITE thru BLACK		 5:30 – 6:30 <i>SPARRING ALL CHILDREN</i> YELLOW thru BLACK	 12:30 <i>YWSD CLASS</i> <i>ADULTS/TEENS</i> BLACK BELTS
 6:45 – 7:45 <i>ADULTS & TEENS</i> WHITE thru BLACK		 6:15 – 7:15 <i>SPARRING ALL TEENS & ADULTS</i> YELLOW thru BLACK	 6:45 – 7:45 <i>ADULTS & TEENS</i> WHITE thru BLACK		 6:45 – 7:45 <i>ALL ADULTS</i> ALL BELTS / WHITE thru BLACK		 6:15 – 7:15 <i>SPARRING ALL TEENS & ADULTS</i> YELLOW thru BLACK	<i>STUDENT PRINCIPLES</i> • Be Polite • Be Patient • Be Alert • Be Brave • Do Your Best • Respect Yourself and Others
6:45 – 7:45 <i>AIKIDO ADULTS</i>		7:15 - 8:00 <i>TAI CHI ADULTS</i>	6:45 – 7:45 <i>AIKIDO ADULTS</i>		7:30 - 8:15 <i>TAI CHI ADULTS</i>	<i>LITTLE NINJAS</i> 4-5 YRS <i>CHILDREN</i> 6 - 11 YRS <i>TEENS</i> 12 - 15 <i>ADULTS</i> 18 & OVER		

****CHILDREN MAY ONLY BE DROPPED OFF 5 MINUTES BEFORE CLASS**
****CHILDREN MUST BE PICKED UP IMMEDIATELY AFTER CLASS**

2501 N. Main Street, Suite 130
Eules, TX 76039
817-481-3400